



# WOMEN HEALTH SYMPOSIUM

"Gender equality today for a sustainable tomorrow"



## INTERNATIONAL WOMEN'S DAY

8<sup>th</sup> March 2022

### ADDRESSING THE BRITTLE HEALTH ISSUES IN WOMEN!!

**Venue:** Telemedicine Auditorium

**TIMING:** 4:00 pm - 7:30 pm

**MODE:** HYBRID



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### ORGANIZING COMMITTEE



**PATRON**  
**Prof. R K Dhiman**  
Director, SGPGIMS



**SCIENTIFIC CHAIRMAN**  
**Dr. Aditya Kapoor**  
Prof. & HOD Cardiology, SGPGIMS



**ORGANISING CHAIRMAN**  
**Dr. Satyendra Tewari**  
Prof. Cardiology, SGPGIMS



**ORGANISING SECRETARY**  
**Dr. Roopali Khanna**  
Addl Prof. Cardiology, SGPGIMS

### GUEST OF HONOR



**PROF. SITA NAIK**

Ex-HOD, Dept. of Immunology,  
Ex-Dean, SGPGIMS, Ex Member Board of  
Governors of MCI, Delhi

### SPEAKERS



**DR KINJAL GOYAL**  
Health Psychologist  
Pune



**DR DRAGICA PAUNOVIC**  
**MEDICAL DIRECTOR**  
European Centre for  
Cardiovascular Research (CERC)  
Belgium



**PROF. MV PADMA SRIVASTAVA**  
HOD, Department of Neurology,  
AIIMS, Delhi



**PROF. UMA SINGH**  
HOD, Dept. of Obstetrics and  
Gynaecology, KGMU, Lucknow



**PROF ANITA SAXENA**  
Ex-HOD, Dept. of Cardiology,  
AIIMS, Delhi



**DR ROOPA SALWAN TBD**  
Senior Intervention Cardiologist  
Max Hospital, Delhi



**DR. MAITE VELAZQUEZ**  
Interventional  
Cardiologist, Spain



**PROF. PUNITA LAL**  
Dept. Radiotherapy,  
SGPGIMS, Lucknow

### PROGRAMME

#### INAUGURATION (4:00 - 4:30 pm)

TIME	ACTIVITY
4:00 - 4:02	Welcome Address by Dr. Roopali Khanna
4:02 - 4:05	Introduction of the symposium by Prof. Aditya Kapoor
4:05 - 4:15	Message by Prof. R K Dhiman, Director SGPGIMS, Lucknow
4:15 - 4:30	Words of Wisdom by the Guest of Honor Prof. Sita Naik

#### Session 1 - (4:30 - 5:30 pm) Women in Healthcare - Challenges & Opportunities

Moderator - Prof Naveen Garg

TIME	TOPIC	SPEAKER	CHAIRPERSON
4:30 - 4:45	Understanding physician burnout	<b>Dr. Kinjal Goyal</b> Health Psychologist, Pune	<b>Prof. VijayLakshmi Bhatia</b> <b>Prof. Amita Agarwal</b> <b>Prof. Banani Poddar</b> <b>Prof. Vinita Agarwal</b> <b>Dr. Namita Mohindra</b>
4:45 - 5:00	Gender equality in research - Under-representation of Women	<b>Dr. Dragica Paunovic</b> Medical Director European Centre for Cardiovascular Research (CERC) Belgium	
5:00 - 5:15	The 10 Commandments - What every female medical student should know!	<b>Prof. MV Padma Srivastava</b> HOD, Department of Neurology, AIIMS, Delhi	
5:15 - 5:30	Discussion		

#### Session 2 (5:30 - 6:30 pm) - Heart Diseases in Women

Moderator - Prof. Satyendra Tewari

TIME	TOPIC	SPEAKER	CHAIRPERSON
5:30 - 5:45	Rheumatic heart disease and pregnancy - The real challenges of the Third world	<b>Prof. Uma Singh</b> HOD, Department of Gynecology, KGMU, Lucknow	<b>Prof. Aarti Lalchandani</b> <b>Prof. Mandakini Pradhan</b> <b>Prof. Preeti Dabadghao</b> <b>Dr. Sangeeta Yadav</b> <b>Dr. Monika Bhandari</b>
5:45 - 6:00	Cardiovascular diseases in Women - Myth & reality	<b>Dr. Roopa Salwan</b> Max Healthcare, Delhi	
6:00 - 6:15	Women with congenital heart disease - Challenges	<b>Prof. Anita Saxena</b> Ex-HOD, Dept. of Cardiology, AIIMS, Delhi	
6:15 - 6:30	Discussion		

#### Session 3 (6:30 - 7:00 pm) - Readiness for Radiation Exposure!

Moderator - Prof. Sudeep Kumar, Dr. Ankit Kumar Sahu

TIME	TOPIC	SPEAKER	CHAIRPERSON
6:30 - 6:40	Cardiac issues in women on radiation therapy	<b>Prof. Punita Lal</b> Department of Radiotherapy, SGPGIMS, Lucknow	<b>Prof. Kirti Srivastava</b> <b>Prof. Anjali Mishra</b> <b>Prof. Archana Gupta</b> <b>Prof. Anupama Kaul</b> <b>Prof. Rohini Khurana</b>
6:40 - 6:50	Radiation safety in women physician- X-ray a neglected issue!	<b>Dr. Maite Velazquez</b> Interventional Cardiologist, Spain	
6:50 - 7:00	Discussion		

#### INTERACTIVE SESSION (7:00 - 7:30 pm) - Knowledge is asking the right questions from right persons

MODERATOR - Prof. Aditya Kapoor, Dr Roopali Khanna

#### DISCUSSANTS

<b>Prof. Soniya Nityanand</b> Director RMLIMS Lucknow	<b>Rebecca Ortega,</b> Executive Director, Women as One	<b>Dr. Supriya Sharma</b> Additional Professor Dept. of Gastrosurgery, SGPGIMS, Lucknow
<b>Prof. Nuzhat Husain</b> Dean, RMLIMS, Lucknow	<b>Dr. Perna Kapoor</b> General physician, SGPGIMS, Lucknow	<b>Dr. Vinita Elizabeth</b> Associate Professor Dept. of Neurology, SGPGIMS, Lucknow
<b>07:30 pm</b>	Tea	